

# MPs hold unique training



Spc. Van M. Tran

Pfc. Brian Lomeli, an MP from 142nd MP Company, role-plays as a prisoner during the 249th MP Company's external evaluation exercise. The team of five MPs role-played forcing a prisoner to take a shower at the confinement facility in Camp Humphrey.

## Soldiers practice prisoner maneuvers

Spc. Van M. Tran  
8th MP Brigade

Two teams, composed of MPs and correction officers from the 249<sup>th</sup> MP Detachment, demon-

strated the daily operations of the confinement facility on Camp Humphreys during an external evaluation.

During the two-day EXEVAL, the Soldiers

were graded on different tasks, such as moving a detainee from one cell to another, forced hair cuts, forced showers and treating a medical emergency.

On Jan. 18-19, the Sol-

diers and NCOs of the 249<sup>th</sup> MP Det. were put to the test by the senior leaders of the 8<sup>th</sup> MP Brigade.

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# COMMANDER'S CORNER

- Find the Truth -



## 'Polar Bears' prepare for new challenges

*The Commander's Corner is a bi-weekly feature dedicated to providing information to the 8th MP Brigade community. This issue, Command Sgt. Maj. Norwood Patterson, 94th MP Battalion command sergeant major, thanks Soldiers for last year's hard work and encourages them for events in 2006.*

**Col. Falkner Heard III**  
Commander  
8th MP Brigade

The 94th MP Battalion has entered into a new year with a lot of vigor and motivation.

We are about to embark on major changes that will affect the lives of many Soldiers and family members.

The "Polar Bears" completed a fast paced and high operational tempo during last year that set the standard within the 8th MP Brigade and dominated and led 8th

Army in almost every area possible.

Our battalion has indeed set the standard within the Korean Peninsula.

But, none of this could have happened without the hard work, motivation, discipline and self determination of the officers, NCOs, Soldiers, KATUSAs and civilians of our great battalion.

I would like to take this time to personally thank our troops for all their dedication and hard work that have made us so successful during the past year.

The realigning of the

MP company concept, from four platoons to three platoons with four squads each, is only the start of the major changes that will take pace over the next year.

We will receive the 14th MP Detachment and 188th MP Company in 2006 from the brigade and 728th MP Battalion, respectively, which

is slated to move off the peninsula to Hawaii.

That will not only make us the largest battalion, but it will also give us the responsibility of policing Area IV, which makes our battalion footprint the entire Korean peninsula.



Command Sgt. Maj.  
Norwood Patterson

That is just the beginning of a massive transformation to the only MP battalion in Korea.

The transformation will not be completed until the brigade is redeployed to Hawaii along with the 728<sup>th</sup> MP Bn.

This year with the many external evaluations, gunneries, live-fire exercises, major peninsula exercises, ranges, individual training and our many community relations events, our pace and operation tempo will be just as fast as last year.

So I suggest that you hold tight, pack your rucks, and prepare for the ride of your life.

**Command Sgt. Maj. Norwood Patterson**  
Command sergeant major  
94th MP Battalion



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Stories and photos may also be e-mailed to the *Watchdog* editor, sarah.scully@korea.army.mil.



## From TRAINING, page 1

Col. Falkner Heard III, 8<sup>th</sup> MP Bde. commander, and Command Sgt. Maj. Freddie Brock, 8<sup>th</sup> MP Bde. command sergeant major., were just a few of the leaders present for the external evaluation.

“Take them down, fight tonight,” is the motto that all Soldiers are greeted with as they approach the front gate of the 249<sup>th</sup> MP Det.

The realistic training gives motivation and strength to the Soldiers and helps them prepare for future events.

“This type of training better prepares the Soldiers for a real life situation,” said Staff Sgt. Michael Esmon, American Corrections Association manager.

“Whenever we train, we train to fight, because our combat mission and our daily mission are the same.”

There is more to operating a confinement facility than just guarding with night sticks and shields.

There are a wide range of jobs and responsibilities that take place daily.

“Working and training like this, in this type of environment, was the last thing I saw myself doing,” said Sgt. Michael Belay, Mental Health Care specialist NCO in charge.

“Once I got here, I saw just how important it is to make sure detainees are mentally stable to ensure the safety of all Soldiers on duty,” said Belay.

To benefit the Soldiers and get the maximum realistic training possible, Soldiers from the 142<sup>nd</sup> MP Company played the roles of detainees.

“The role players actually go



MAJ. DARRELL SIDES/ 8TH MP BRIGADE



ABOVE: A Soldier role-playing as a prisoner gets held down by a team of MPs taking control of a riot situation. BELOW: A line of MPs in riot gear form an entry team as they enter a prison cell to neutralize a riot during an external evaluation exercise at Camp Humphrey. The 249<sup>th</sup> MP Detachment regularly guards and patrols the confinement facility.

Soldiers to face what is going on in Iraq and Afghanistan,” said Carranza.

Even though EXEVALs are meant to test the readiness of the 249<sup>th</sup> MP Det., it is no different from what goes on daily in the confinement facility.

“Giving the Soldiers the most realistic training possible will better benefit them in the long run,” said Staff Sgt. Allen Toothman, guard commander, “especially in today’s Army where MPs are working in confinement facilities all around the world.”

through all the same things a real detainee would, everything from mood swings to physical resistance,” said Cpl. Mario Carranza, delta block NCO.

“Going through the full range of motion better prepares our junior



상병 벤 트랜

1월 18일에서 19일까지의 249헌병대 외부훈련평가 중 영창가드조 장병들이 수감자 역할을 맡은 한 여성이 반항하는 것을 제압하고 있다.

## 실전 제압능력을 평가받은 영창가드조

상병 벤 트랜  
8헌병여단

249헌병대의 헌병들과 징계장교로 구성된 두 팀은 캠프 험프리즈에서 진행된 훈련평가 기간 동안 그들의 일상작전을 평가받았다.

이틀 간의 훈련평가 기간 동안 장병들은 수감자를 다른 방으로 옮기기, 강제 이발, 강제 샤워, 비상 치료 등과 같은 각기 다른 업무에 관해서 등급을 받았다.

249헌병대의 장병들과 부사관들은 1월 18일에서 19일까지 8헌병여단의 지도자로부터 평가받았다.

8헌병여단장 포크너 허드 3세 대령, 프레디 브록 주

임원사도 이번 평가에 참여했다.

모든 장병들은 매일 249헌병대의 정문에 걸려 있는 “적들을 붙잡고 오늘 밤에 당장 싸울 수 있다”라는 모토를 보게 된다.

실전과 같은 연습을 통해 동기를 부여받고 미래에 있을 일에 대비할 수 있다.

미징계협회 관리자인 마이클 에스먼 하사는, “이런 훈련은 장병들이 실제 상황에서 더 잘 대처할 수 있도록 해줍니다. 전투 시와 일상의 업무가 같기 때문에 언제 훈련을 받더라도 실전과 같은 훈련을 받습니다.”라고 말했다.

영창에서의 일상 업무를 하는데 있어서는 다양한 업무와 책임감이 필요하다.

정신건강을 담당하는 마이클 빌레이 병장은, “이런 상황에서 일하고 훈련받는 것은 내 자신이 일하기 위해 반드시 해야 할 것입니다. 저는 처음에 여기 왔을 때 수감자들의 정신을 안정적으로 유지하는 것이 장병들의 안전을 위해 얼마나 중요한지 알게 되었습니다.”라고 말했다.

이번 훈련평가에서 최상의 훈련 상황을 만들기 위해 142헌병중대의 장병들이 수감자 역할을 맡았다. 델타 블록의 부사관 마리

오 카렌자 상병은, “수감자 역할을 맡은 장병들은 분위기 동요에서부터 물리적 저항까지 실제 수감자들이 일으킬 만한 행동들을 연출했습니다.”라고 말했다.

이번 외부 훈련평가는 249헌병대의 준비성을 평가한 것이지만 실제로 일상 생활에서 맡는 업무 또한 전혀 다르지 않다.

영창 가드조를 지휘하는 엘런 투스맨 하사는, “특히 오늘날 영창 업무를 맡고 있는 장병들에게 실제와 가장 비슷한 훈련 상황을 제공하는 것은 장기적인 관점에서 그들에게 도움이 됩니다.”라고 말했다.



# Koreans celebrate Lunar New Year

Cpl. Jung Jung-woo  
8th MP Brigade

Korean Lunar New Year, or Sol, is the first day of the first month of the new year on the lunar calendar, and it marks the first day of spring.

It is celebrated with family, food, traditional games and drums.

Many Korean communities celebrate both the Gregorian New Year's Day on Jan. 1 as well as the Lunar New Year.

Koreans try to return home to celebrate Sol with their families.

They wake up early on the morning of the New Year, put on their new or best traditional clothes called Hanbok, and kneel and bow to their ancestors and elders.

Family members exchange good wishes and gifts.

Then they sit down to a breakfast of rice cake soup or Ttok Kuk, which is a thick beef broth with thinly sliced white rice cakes topped with green onions and bright garnishes.

According to tradition, one cannot become a year older without eating Ttok Kuk on New Year's Day.

"When I was a child, I didn't like to eat Ttok Kuk much. However, my mother told me that I can



COURTESY PHOTO

Korean women wearing traditional clothing called, "Hanbok," walk along a street in South Korea during the Lunar New Year.

not become one year older unless I eat Ttok Kuk, so I used to eat the food," said Pvt. Jung Sung-han, 8th MP Brigade ROK army staff office.

"Now, I like Ttok Kuk very much."

On the fifteenth day of the new month, the day of the first full moon, the New Year is ushered in with a ritual called Jishin Balpgi, which literally means "Stepping on the Spirit of the Earth."

It is a traditional folk festival that grew out of many collective village activities from more than 4,300 years ago that ritu-

ally cleansed the village and chased away evil spirits.

The purpose of the festival is to usher in peace, health and prosperity for the New Year. It also gives people a chance to renew personal and communities.

"During the Jishin Balpgi festival, a group

of Poongmul players called the Durepae, first travels around the village playing on the Jang-go (hourglass-shaped drum), Buk (drum), Kwenggari (small gong) and Jing (large gong)," said Sgt. Min Shin-hong, Combined/Joint Provost Marshal.

"This is followed by visits to private dwellings to wish residents peace and good fortunes for the New Year through a mixture of drumming, dance and chants which everyone is encouraged to join in."

Another part of the Jishin Balpgi festival is the hosting of competitions with neighboring villages of traditional games like tug of war, stone fights and mock fights with torches.

The winning village will be blessed with a bountiful harvest, according to tradition.

This custom may have originated when neighboring farming villages shared a water source and had to determine priority for drawing water for the fields.

In America, Korean communities in New York, Los Angeles, San Francisco, Chicago, and others will host celebrations of Jishin Balpgi.

"Everyone  
is encouraged  
to join in."

Sgt. Min Shin-hong  
Combined/Joint Provost Marshal

# 새로이 맞이하는 한 해의 첫 머리

## ■ 대한민국의 가장 큰 명절인 설

상병 정정우  
8헌병여단

한국의 설은 음력으로 새해의 첫 번째 달의 첫 번째 날이다. 그리고 이 날은 봄이 시작되는 날이기도 하다. 설날은 가족들이 모여 음식을 먹고 전통놀이를 하며 전통음악을 연주한다. 많은 한국인 사회에서는 음력설과 양력설을 둘 다 친다.

한국인들은 그들의 가족과 함께 설을 쇠기 위하여 고향으로 돌아간다. 그들은 새해 아침 일찍 일어나 새 옷이나 한복을 입고 조상께 차례를 지내고 어른들에게 새배를 한다. 가족들은 덕담과 함께 선물을 교환한다. 그리고 나서 그들은 모두 모여앉아서 떡국을 먹는다. 일부에서는 만두가 들어있는 떡만두국을 먹기도 한다. 설날에 떡국을 먹지 않으면 나이를 한 살 더 먹지 못한다는 말도 있다.

8헌병여단 본부중대 한국군인사과의 정성한 이병은, “어렸을 적에는 떡국을 별로 안 좋아했었는데 어머니께서 떡국을 안 먹으면 나이를 안 먹는다고 하셔서 먹게 되었던 기억이 있습니다.”라고 말했다. “하지만 지금은 떡국을 매우 좋아합니다.”

새해 보름에는 보름달이 뜬다. 보름달이 뜬 날 지신밟기라는 의식을 통해 새해가 시작되었음을 알린다.



제공사진

음력 설을 맞아 대한민국의 한 가정에서 할머니가 손자들에게 새배 돈을 주고 있다. 아들, 딸, 손자, 손녀에게 새배 돈을 주는 것은 한국의 전통적인 음력 설 관습이다.

지신밟기란 말그대로 “땅의 신의 밟아준다”는 뜻이다. 지신밟기는 4300년 전부터 많은 마을에서 행해지고 있는 전통 행사이다. 이를 통해 마을을 깨끗하게 하고 나쁜 귀신을 쫓아낸다. 지신밟기의 목적은 새해의 평화와 건강, 번영을 기원하고 사람들에게 개인적이고 사회적으로 쇄신하게 하는 것이다.

한미연합사 헌병참모실의 민신흥병장은, “지신밟기 의식을 하는 동안 두레패라 불리는 풍물패들은 장구와 북, 팽과리, 징을 치면서 마을을 돕니다. 이들을 마을 사람들이 북을 치고 춤을 추면서 따라가면서 새해의 평화와 행운을 기원합니다.”라고 말했다.

지신밟기에 참가한 사람들은 돌아와서는 주인이 제공하는 떡과 술

을 즐기고 마을의 공동사업을 위해서 돈이나 곡식을 낸다.

저녁에는 모든 마을 사람들이 새해의 보름달을 보러 마당에 모여든다. 이 때 마을 사람들은 같이 먹고 마시고 놀이를 함으로써 결속을 다지는 기회가 된다.

지신밟기 의식의 또다른 부분은 이웃 마을과 줄다리기, 돌던지기, 전쟁놀이와 같은 놀이로 경쟁하는 것이다. 이긴 마을은 풍성한 수확을 얻는다고 전해진다. 이러한 풍습은 이웃 마을과 물을 나눠 쓸 때 논으로 물을 끌어쓰는 우선순위를 정하는 것에서 유래되었다.

미국에서 뉴욕, 로스앤젤레스, 샌프란시스코, 시카고, 그리고 다른 지방의 한국 사회에서도 지신밟기를 주최하고 있다.



# Soldiers give back to local community

## ■ Orphans get presents from MPs, Soldiers

Cpl. Jung Jung-woo  
8th MP Brigade

About 50 kids from Hodong orphanage had a great time with Santa Claus and received presents prepared by Soldiers.

Soldiers from 728th MP Battalion invited the kids to Henry's place in Camp Henry for Christmas party Dec. 22, 2005.

Soldiers prepared the party and presents with smiles on their lips.

Running to the Soldiers as soon as they got off the bus, the children immediately starting playing and interacting with the Soldiers and KATUSAs.

"First, I want to thank all Soldiers and family members from battalion for coming out and showing your support for local community," said Lt. Col. Douglas Ingros, 728th MP Bn. commander.

"I've gotten known over the years at the Hodong orphanage. Merry Christmas and happy holidays."

For some Soldiers, this Christmas party is not the first party they held for orphans.

"I try to see the orphans



CPL. JUNG JUNG-WOO

Staff Sgt. Brian Waananen, 57th MP Company platoon sergeant, plays patty cake with a young orphan from the Hodong orphanage during a holiday party near Camp Henry.



CPL. JUNG JUNG-WOO

Sgt. Kang Byung-chul, 57th MP Company, serves food for a kid.

every year. It is my second year here," said Spc. Dominick Rodriguez, 188th MP Company.

"So it is kind of like a Christmas tradition. Everybody gets together and spends time with kids that don't have family."

Soldiers of 188th MP Co., 57th MP Co. and Headquarters and Headquarters Detachment, 728th MP Bn. sang carols.

The kids wanted to show their appreciation to the Soldiers so they gave dance performance with holiday-themed outfits.

After the Soldiers' and kids' performance, about eight churchgoers from Daegu Glory church showed a worship dance and had recreation time with kids.

"We are pleased to see the Soldiers donated their time and money for the kids that don't have family," said Seol Chang-suk, young men's association in Glory church.

"Thank you for the MPs and chaplain to give this nice opportunity to us."

When Santa Claus walked into the Henry's place and gave presents for kids, they cheered even louder.

The kids unwrapped their package right after they got their own presents..

The Hodong orphanage was established in 1955 to take care of the war orphans. The 728th MP Bn. has been helped the orphanage for 50 years.

"At first, our kids were unfamiliar with the U.S. Soldiers. But the kids soon felt friendly toward the Soldiers," said Jeon Kyu-yong, the director of the Hodong orphanage.

# 호동원 아이들과의 크리스마스 파티



상병 정정우

상: 호동원 아이들이 728헌병대대를 위하여 준비한 공연을 선보이고 있다. 하: 산타 클로스로 분장한 728헌병대대의 한 부사관이 호동원의 아이에게 선물을 전해주고 있다.



//  
연말휴일을 즐겁게 보내기 바랍니다.

중령 더글라스 잉그로스  
728헌병대대

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## ■ 호동원을 초대한 728헌병대대

상병 정정우  
8헌병여단

728헌병대대 장병들은 12월 22일, 호동원의 48명의 아이들을 캠프 헨리의 헨리즈 플레이스로 초대하여 즐거운 크리스마스 파티를 가졌다.

아이들을 위하여 선물과 파티를 준비한 장병들은 준비하는 중에도 얼굴에서 미소가 떠나지 않았다.

버스를 타고 도착한 아이들은 버스에서 내리자마자 장병들에게 달려들어 안기기도 하면서 같이 즐겁게 놀기 시작했다.

728헌병대대장 더글라스 잉그로

스 중령은, “지역사회를 돕기 위하여 이 자리에 와준 대대 장병들과 가족들에게 감사합니다. 우리 대대는 호동원을 알게 된지 이미 몇 년이 되었습니다. 이곳의 아이들 모두 즐거운 크리스마스과 휴일을 보내기 바랍니다.”라고 말했다.

일부 장병들에게 고아원 아이들을 위한 크리스마스 파티는 이번이 처음은 아니었다.

188헌병중대 모터풀의 도미닉 로드리게즈 상병은, “매년 고아들을 만나는 시간을 가지려고 하고 있습니다. 한국에서의 2년 간의 군생활

동안 아이들을 만나 함께 시간을 보내는 것은 크리스마스 때의 전통과도 같습니다.”라고 말했다.

이번 크리스마스 파티를 위해서 728헌병대대 장병들은 부대별로 캐롤송을 준비했다.

그에 대한 답례로 호동원의 어린 아이들도 미리 공연을 준비하여 그들의 귀여운 몸짓을 선보였다.

특히 아이들을 위하여 대구 영광교회의 청년회에서 멋진 댄스 공연을 보여주었다.

영광교회 청년회장 설창석 씨는, “군차원에서 고아원을 위해 행사를 연다는 것은 매우 놀라운 일입니다. 덕분에 가슴 따뜻한 크리스마스를 보낼 수 있었습니다. 저희에게도 좋은 기회를 주셔서 감사합니다.”라고 말했다.

공연 후에는 산타 클로스가 나타나 아이들에게 직접 선물을 나누어 주었다.

아이들은 선물을 받자마자 그 자리에서 풀어보며 매우 즐거워했다.

1955년에 설립된 호동원은 원래 전쟁고아들을 돌볼 목적으로 설립되었다.

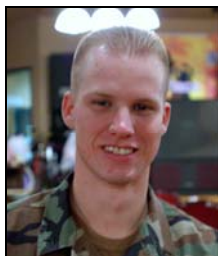
728헌병대대는 현재 50여년에 걸쳐 호동원을 돕고 있다.

호동원 원장 전규용 씨는, “평소에 미국인에 대해 낯설던 아이들이 이곳에 와서 함께 지냄으로써 친근감도 가지게 되었습니다. 또한 카투사들의 학습 봉사는 아이들에게 아주 큰 도움이 되고 있습니다. 728헌병대대에 감사드립니다.”라고 말했다.



## Quotes from the Doghouse

What is your New Year's resolution?



"My New Year's resolution is to improve myself all the way. I want to be more professional in my job."

Pvt. Daniel Harvey  
HHD, 728th MP Battalion

"My New Year's resolution is to go to the gym to do PT and eat healthier."

Master Sgt. Stinson Gary  
HHD, 728th MP Battalion



"My New Year's resolution is to improve my PT score."

Pvt. Jung Sung-han  
HHC, 8th MP Brigade

"To go home and see my family to make sure everyone is healthy."

Pvt. Anthony Stanfill  
HHC, 8th MP Brigade



## Excellence in Supply



COURTESY PHOTO

Lt. Gen. Charles C. Campbell, 8th Army commanding general, gives a supply award to Sgt. 1st Class Russell, S4 NCO in charge, as Command Sgt. Maj. Barry Wheeler, 8th Army command sergeant major, watches.

The 8th MP Brigade S4 section received recognition for excellence in supply during an 8th Army award ceremony.

The section was one of 13 who received a plaque for their efforts.

Sgt. 1st Class La-Salle Russell is in charge of the supply

section at the brigade headquarters.

He credits his staff for helping to win the award and keep track of all the brigade's equipment throughout the peninsula.

Russell received the award from Lt. Gen. Charles C. Campbell, 8th Army commanding general.

## Force Protection Information

To call the United States Forces Korea Civil Gathering Hotline, dial **115** when on post.

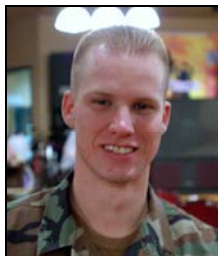
If in Seoul, dial **02-7914-3004** for Yongsan's military police.

If in other area of Korea, Soldiers and their families can refer to the emergency phone numbers on the USFK Status of Forces Agreement card.

**Reminder: All USFK personnel and their family members are required to carry a SOFA card at all times. Be safe and use the buddy system.**

## Quotes from the Doghouse

2006년 새해 결심은  
무엇입니까?



“모든 방면에서 제 능력을 발  
전시키는 것입니다. 제 업무  
또한 더욱 전문적으로 해낼  
것입니다.”

이병 다니엘 하비  
728헌병대대 본부대

“체육관에 가서 열심히 운동  
을 하고 식습관도 조절하여  
건강해지고 싶습니다.”

상사 스티븐 게리  
728헌병대대 본부대



“새해에는 PT 점수를 크게  
향상시키고 싶습니다.”

이병 정성한  
8헌병여단 본부중대

“집에 가서 가족들이 모두 건  
강한지 확인해보고 싶습니  
다.”

일병 앤소니 스텐필  
8헌병여단 본부중대



## New Soldiers

### 94th MP Battalion

Pvt. Thomas Burdette, 31B  
Sgt. Victor Hernandez, 31E  
Sgt. Michael Stewart, 31B  
Pvt. Brian Mitchell, 31B  
Pvt. Karl Desanto, 31B

### 728th MP Battalion

Pfc. Benjamin Cheaberlin, 31B  
Spc. Robert Churchill, 31B  
Spc. David Corber, 63B  
Pfc. Leah Cochran, 92G  
Spc. Cory Geisler, 31B

### HHC, 8th MP Brigade

Pfc. Anthony Stanfill, 31B  
Sgt. Robert Wong, 31B



■ For more information, contact the  
1st Replacement Company at Yongsan.

## Upcoming Events

Lunar New Year.....Jan. 29

Superbowl.....Feb. 6